

# EYFS Information for Parents

## What is it?

The early years foundation stage, known as the EYFS is how the government and early years professionals describe the development of your child between birth and 5 years. The EYFS helps get your child ready for school and supports them for future learning.

## What does it state?

The EYFS states 3 main points:

1. Learning and Development Requirements
2. Assessment
3. The Safeguarding & Welfare Requirements

## What does it mean for me as a parent?

- Ensuring your child's safety: This is done through the welfare requirements, which must be met by nurseries and pre-schools.
- Quality of childcare: This is done alongside the EYFS by an official government inspection, which is available to view online.
- Find out how your child is learning: The EYFS explains how and what your child will be learning .

## How can I find out how my child is getting on?

It is very important to us to form a good bond between 'key worker' and parent. We want you to feel comfortable enough to ask your child's keyworker how they're getting on. The key worker is your main point of contact and they will help your child become settled. They will be responsible for their care, learning and development and it is important for the key worker to share this information with you.

We also use the Parent Zone app, where parents can access information about their child's day at a time that suits them best. Please see the Parent Zone leaflet for further information.

## Why does it exist?

The EYFS framework is to help support professionals working in the EYFS environment. It helps them plan day to day to help develop your child's ability in different areas

It is regularly updated and revised to make things easier and clearer with more focus on the things that matter most.

## What are the 7 areas of learning?

The 7 areas of learning are made up of 3 prime areas and 4 specific areas.

### Prime areas are:

1. Communication and Language
2. Physical Development
3. Personal, Social & Emotional Development

### Specific areas are:

4. Literacy
5. Mathematics
6. Understanding the world
7. Expressive arts and designs.

## As a parent, how can I help my child?

All the fun activities you do with your child at home makes a difference to their learning and development and has a long lasting effect. Even if your child is still very young and unable to talk; talking and singing to them helps them understand new words. For new and exciting things to do with them you can see what is available at your local children's centre or ask your child's key worker.

You can find the EYFS and learning goals at [www.foundationyears.org.uk](http://www.foundationyears.org.uk). This website also includes a range of resources and contacts. Alternatively, you can contact the nursery directly with any questions.



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